

TAKE YOUR TRAINING TO THE NEXT LEVEL USING YOUR HEART RATE

THE NEXT GENERATION ALL-IN-ONE TRAINING SOLUTION WITH INTEGRATED HEART RATE MONITOR.

Take your training to the next level and get the ultimate wireless workout with Jabra Sport Pulse Wireless earbuds and the Jabra Sport Life™ app. This all-in-one training solution combines an in-ear precision heart rate monitor, immersive Dolby® sound, and real-time voice coaching that will inspire you to achieve the impossible. Cut the clutter and experience true freedom of movement without compromise.

FREE YOUR WORKOUT WITH PREMIUM WIRELESS SOUND

With a customizable music experience and powerful speakers, the Jabra Sport Pulse Wireless earbuds deliver world-class wireless sound. Exercise is about breaking free, so why let wires hold you back? Play/pause music, skip tracks, control volume, and take calls by using the inline controls.

ENHANCED MUSIC EXPERIENCE

The included Jabra Sound app is a music player that plays your stored music and streamed YouTube content in full Dolby[®] sound and much more. Create and browse playlists, share music, and optimize the graphic equalizer so you can listen to your tracks the way you want to.

THE ALL-IN-ONE TRAINING SOLUTION

The precision biometric in-ear heart rate monitor and the Jabra Sport Life app ensure you always train in the correct workout zone. Personalized audio coaching provides feedback on your workout every step of the way.

INTEGRATED FITNESS TESTING

Test your fitness level and aerobic capacity, adjust heart rate training zones, and set personal goals based on distance, time, or calories burned.

Bluetooth

BUILT TOWARDS US MILITARY RAIN, SHOCK, SAND AND DUST STANDARDS

With reinforced cables and housing, the Jabra Sport Pulse Wireless earbuds are built to take a pounding. They are sweat- and weatherproof, so there is no excuse for missing a training session.



REASONS TO CHOOSE JABRA SPORT PULSE™ WIRELESS

- In-ear heart rate monitor
- Options to customize for a secure and comfortable fit
 Designed to withstand the toughest running and training
- conditions (IP55 rated)
- Premium sound quality for enhanced music motivation



QUICK START GUIDE - GET STARTED UNDER 5 MINUTES

Indicator

Heart rate monitor

light

Microphone

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1 CONNECTING

CONNECT WITH A BLUETOOTH® DEVICE

1. Turn off the earphones.

3 USING

Sports button

FitClip (optional

wearing style)

- 2. Press and hold the Multi-function button until the indicator light flashes blue, and then release the button. Pairing mode will be announced.
- 3. Follow the voice-guided pairing instructions to pair to your Bluetooth device.



Micro-USB

charging port (remove EarWing)

Volume up Multi-function

Volume down

button

2 wearing

It is important that the earphones are fitted correctly to enable accurate heart rate detection. The fit should feel tight and secure. View the fitting guide on the Jabra Sport Life app to find the right size of eargel and EarWings.

SELECT EARGEL SIZE

For the optimal audio experience, select the eargel size that fits your ear.



WEARING THE EARWINGS

Select your preferred EarWing style and gently pull the EarWing onto each earphone. The EarWing should fit into the ridge of your ear.





DID YOU KNOW?

CHARGING

the battery.

You can watch how-to-wear videos on Jabra.com/sportpulse

FEATURES AND SPECIFICATIONS

- Wireless Sports earbuds with Dolby[®] sound enhancement
- Biometric in-ear heart rate monitor
- Jabra Sport Life application for integrated training management .
- Jabra Sport Life application with four sophisticated fitness tests
- Control music and calls directly from the headphones
- IP55 certified, drop, strength, dirt, temperature & humidity tested
- Connects to all Bluetooth® ready devices phones, computers, . tablets and more
- Up to 5 hours of talk time (including heart rate monitoring)/music time and up to 10 days standby time
- Jabra Sport Pulse Wireless earbuds, 4 sets of eargels, 3 sets of EarWings, 4 FitClips, 1 Protective Pouch, 1 USB cable, Jabra Sound App unique registration leaflet, 1 Quick Start Guide, 1 warranty leaflet, 1 warning leaflet, 1 register paper

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	Turn on/off	Press and hold (3 sec) the Multi-function button until the indicator light flashes
	Play/pause music	Tap the Multi-function button
XX	Answer/end call	Tap the Multi-function button
AT /	Reject call	Double-tap the multi-function button
	Redial last number	When not on a call, double-tap the Multi-function button
	Adjust volume	Tap the Volume up or Volume down button
X 0 X 0	Skip track	Press and hold (2 secs) the Volume up or Volume down button
a	Mute	Tap both the Volume up and Volume down buttons at the same time
	Battery status	Tap the Volume up or Volume down button, when not on a call or listening to music