

Is YOUR Business compliant with First Aid Regulations?

80% of businesses in the UK are non compliant to first aid regulations...this catalogue and guide are here to help you make the decisions to make your business compliant in first aid equipment and supplies.

The Health and Safety (First-Aid) Regulations 1981 require employers to provide 'adequate and appropriate equipment, facilities and personnel to ensure their employees receive immediate attention if they are injured or taken ill at work.'

These Regulations apply to all workplaces including those with less than five employees and to the self-employed.

What is 'adequate and appropriate' will depend on the circumstances in the workplace. This includes whether trained first-aiders are needed, what should be included in a first-aid box and if a first-aid room is required. Employers should carry out an assessment of first-aid needs to determine what to provide.

The Regulations do not place a legal duty on employers to make first-aid provision for non-employees such as the public or children in schools. However, HSE strongly recommends that non-employees are included in an assessment of first-aid needs and that provision is made for them.

Assessment of first aid needs

Employers are required to carry out an assessment of first-aid needs. This involves consideration of workplace hazards and risks, the size of the organisation and other relevant factors, to determine what first-aid equipment, facilities and personnel should be provided.

This catalogue and guide are here to help you make those important decisions as part of assessing your business for the equipment and supplies required in this assessment.

All catalogue pages are divided in to low, medium and high risk categories, with suggested uses and constructive ideas that help make your risk assessment decisions easier to make.

LOW RISK

MEDIUM RISK

HIGH RISK

Risk Assessment Categories

LOW RISK

Office
Small Retail
Small vehicles
Motorbikes
Small pubs
Restaurants
Takeaway Food
Craft Manufacturing
Self Employed
Loan Workers (low risk)
High Technology

MEDIUM RISK

Public Buildings
Large Retail (inc banking)
Public Service Vehicles
Sports Teams
Hotels
Large Pubs/Restaurants
General Transportation
Beauty and Hairdressing
Arenas
Cinemas
Theatres
Plumbing
Water services
Nursing Homes
Tourism (General)
Laundries
Holiday Parks
Education
Loan Workers (med risk)
Bus and Coach Terminals

HIGH RISK

Construction
Petrochemical Storage
Food Processing
Engineering
Waste Processing
Petrol Stations
Air Transportation
Refineries/Oil production
General Manufacturing
Welding
Electricity Maintenance
Gas Maintenance
Power Stations
Forestry
Paper Mills
Foundries
Aerospace
Fisheries
Shipping
Pharmaceuticals
Rail Transportation

This is not a complete list of industrial sectors, but consider which group you think your business would most fit into. Whilst you are completing your assessment you can fill out our 'Quick Check' assessment form which is available on <http://www.beeswift.co.uk/firstaid/>. You can also use this form to order the kits and products required.

Risk Assessment Questions

1

Is your business in a permanent location or are you mobile and work on your own?

If it's permanent go to Question 2. Mobile/Loan workers go to pages **251 - 256** to see our range of travel kits

2

Do you have one or several locations or a building with several floors?

Remember that each building and each floor could be considered as a separate location, e.g. office and warehouse. Go to pages **245 - 251** to see our range of compliant first aid kits

3

How many people do you employ?

1-10, 11-20, 21-50, 51-100, over 100. Go to page **245 - 250** to look at the range of workplace first aid kits

4

Are you involved in any form of catering?

Go to pages **257 - 260** to look at all our catering kit options

5

As part of your work do you have any risk of dealing with body fluids (including blood and vomit) or at risk from any sharps(including needles)?

Go to pages **261 - 265** to see our range of body fluid spill kits, sharps kits and sharps bins

6

Are you involved in any high risk work that could result in serious wounding and major trauma such as handling dangerous machinery and cutting tools?

Go to pages **265 - 269** to see our range of Haemostatic dressings and tourniquets

7

As part of your work do you have any risk of burns, from a steam burn caused by a kettle to a chemical burn to the risk of a major flammable liquid burn?

Go to pages **270 - 273** to see our range of burns kits and speciality burn dressings and gels

8

As part of your work are eye injuries, chemical eye injuries, or foreign bodies in your eyes a possibility?

Go to pages **273 - 277** to see our range of eyewash and eyewash stations

9

As part of your risk assessment do you require a dedicated first aid room?

Go to pages **314 - 315** to see our full range of first aid room equipment and furniture

10

Do you require a defibrillator or other resuscitation devices?

Go to pages **299 - 302** to see the range

11

Do you wish to incorporate your first aid requirements in a purpose built work station?

Go to pages **276 - 277** to see our range of first aid stations

12

As part of your assessment do you require plasters, low adherent dressings, tapes, foil blankets, wipes, wound closure strips?

For a range of essential first aid and medical products go to pages **278 - 298**

Catering First Aid

Most caterers are fully aware of their requirement for many first aid items to be blue, particularly gloves and plasters, but you may need to consider other aspects of your risks.

First Aid Kits

All our HSE and BSI compliant kits have a catering option and include blue plasters and blue nitrile gloves. We also have a special First aid essentials kitchen kit with all the added extras to fully cover all the minor injuries you might be faced with in the catering environment.

Blue Plasters

Our blue plasters are fully metal detectable, using a full foil layer behind the island pad, are Latex Free and use a gentle but strong adhesive which will stick through a tough working schedule whilst still being Hypo-Allergenic. Unlike many other assortments we offer up to seven different plasters including fingertip, knuckle and large plasters, to cover the wide range of small injuries that can occur in the catering environment.

Burns

Small burns are a constant hazard for all caterers, but who has time to put a burn under a running tap for 20 minutes! The Click medical range of burns kits and BurnFree hydrogel dressings and gels will enable your burn to be soothed and cooled without the need to stop working. See page [270](#).

Gloves

We have full range of blue vinyl, Latex and Nitrile gloves, all fully certified and meet the requirements for food handling. See page [91](#) for full details on the range.

Body Fluid Spill Kits and Disinfectant Spray

By simply having a small body fluid spill kit you will be covered for the lowest risk of dealing with blood and vomit, whilst the Response Beta disinfectant Spray is not only anti bacterial, but effective against viruses, spores, fungi and as it contains no bleach or alcohol and is safe on your skin. Ideal for the food industry. See page [261](#).

Burns First Aid Kits

Burns kits and dressings should form a fundamental part of any risk assessment you carry out, whether in a low risk environment like an office right through to high risk areas such as foundries and refineries.

In any circumstance hydrogel burn dressings are up to 400% more effective at cooling burns than water alone, gives rapid pain relief, decreases healing time and helps prevent scarring.

Click Medical Burns Kits

These kits are designed to complement your workplace first aid kit and are ideal for small offices, shops, small pubs and restaurants and small industrial sites.

BurnFree

Click Medical have formed a partnership with BurnFree, one of the world's leading manufacturers of and innovators in Hydrogel technology and burns first aid products.

BurnFree Works!

How? BurnFree gel draws the heat out of burn injuries and into the hydrogel. This cools the burn injury providing pain relief and helps stop the burn progression. BurnFree also keeps the wound site moist so that the body will not lose more water, helping to keep burn victims from entering into shock. BurnFree is a viscous gel. This allows the exposed nerve endings to be covered by the gel, offering near immediate pain relief.

While water will cool the burn, it is often difficult if not impossible to keep water over the entire burn area. Also, a large volume of water is required to cool even a small burn. BurnFree works best because the BurnFree gel is viscous, meaning that it will stay on the burn and draw out the heat, making it easier to cool the burn with BurnFree than with water. By covering the burn site, BurnFree will also help to prevent contamination until medical care is obtained.

Dressings – All BurnFree dressings are designed for first aid use on all types of burn injuries. The dressings are constructed of a special soft, open cell foam and are elastic enough to allow possible swelling or the need to flex joints. BurnFree dressings are non adherent and the inert foam will not shed threads, strands or fibres that could get embedded in the wound. The pliable foam holds 50 times its weight in gel meaning the gel will always stay in contact with the burn

Pain Relieving Gel – BurnFree gel is designed to be viscous enough to remain on the burn wound and not run off (like cheaper alternatives), whilst simultaneously drawing the heat out and up into the gel.

Fire/Trauma blankets – BurnFree blankets are for emergency and industrial use. During transport to the medical facility the blanket will soothe the victim, reducing physiological and psychological trauma.

The blankets are made of pure virgin wool which holds up to 14 times its weight in gel to prolong trauma relief during transport.

Eyewash

All areas where there is a risk of eye injury must have suitable eye wash facilities. These take a number of forms, from fixed eye wash stations to single use sterile bottles and pods. When dealing with eye injuries ensure your stations are suitably placed for easy and speedy access. We also carry the Cederroth range of eyewash which has a special buffered solution which is recommended for use when acids and alkalis are the cause of eye injury.

Combination Work Stations

These combination work stations are ideal for any industrial environment from the catering kitchen to warehousing to heavy manufacturing industries.

- Wall mountable
- Unique quick release plaster dispenser
- Fitted with hanger to include any first aid kit including
 - BSI Workplace First Aid kits
 - Burns Kits
 - Includes 2 x 500ml Click Medical 500ml eyewash bottles
 - Choice of blue, fabric and washproof plasters
 - Traders First Aid Kit
 - HSE Workplace First Aid Kits
 - Biohazard First Aid kits

Cederroth Work and Eyewash Stations

These innovative work stations are designed and manufactured by for ease of use and dispense first aid easily and effectively. They combine different options in first aid products to enable a one stop approach to your first aid needs and requirements.



Eyewash First Aid Kit



- 2 x 500ml sterile eyewash bottles
- 8 x 20ml sterile eyewash pods
- 2 x boxed eyepad dressings
- Eyewash kit can be wall mounted or be carried to any incident

First Aid Dressings

Our standard first aid dressings include an absorbent dressing pad with a low adherent film fully stitched on to a high quality, high stretch polyamide conforming bandage for excellent wound sealing and bandaging. Sterile.

HSE, HSM, HSL, ambulance dressings, 1 ,2 ,3, 4, Trauma Dressing

Low Adherent Dressing - A highly absorbent pad with low adherent film, supplied sterile in its own individual peel pouch. 5 x 5. 7.5 x 7.5 and 10 x 10cms

Low Adherent Adhesive Dressings - A highly absorbent, low adherent pad with a high stretch adhesive film which is Latex Free and Hypo-allergenic. This practical dressings act like a big plaster and are ideal for handling a range of minor wounds. Supplied in their own individual peel pouch. Sterile

Skin Closure Strips - Quick and convenient alternative to stitches, preventing minor wounds from reopening and bleeding. Supplied in peel pouch. Sterile. Two sizes

Gauze Swabs - Available sterile in peel pouch or non-sterile in packs of 100.

Tapes

Our range of quality tapes are ideal for dealing with a range of uses for securing dressings and bandages.

Bandages

Our range of Click Medical bandages cover a wide range of uses for securing dressings and supporting injuries.

Wipes

Alcohol Free Wipe – Approved for use in HSE complaint first aid kits or for general applications, our Alcohol free wipes, come in individual satchets, supplied in a carton of 100 wipes

Sterile Saline Wipes – Approved as a Class 2a Medical Device, our sterile saline wipes can be used in any first aid kit including BSI compliant kits, come in an individual satchel and supplied in a carton of 100 wipes.

First Aid Boxes

We have a range of different styles of boxes in a variety of colours and sizes which are ideal for a range of working environments.

Defibrillators and Resuscitation Equipment

Defibrillators and other resuscitation equipment are becoming essential parts of all first aid requirements as increased training and an increase in the general understanding that the availability of defibrillators in the workplace make a real difference to saving lives.

We offer a range of products, each offering different requirements based around the situation and capabilities of the defibrillator user or operator.

NF1200 IPAD Defibrillator

Designed as a basic model for minimally trained operators, available in an automatic and semi automatic version and is designed so it cannot be operated incorrectly which makes it ideal for public areas where emergencies might require operation by someone untrained in defibrillator use.

CARDIAC SCIENCE G5 Defibrillator

A complete AED solution that gives confidence to both novices and trained emergency professionals to act in the event of a sudden cardiac arrest. This defibrillator has been tested to military standards.

First time users can successfully perform each critical step of a rescue with intuitive pad design, real time instruction and feedback via voice and text prompts.

- Clear instructions for first-time users and novices, giving confidence to act at each critical step of a rescue
- Rescue Ready® technology and daily, weekly and monthly self testing ensure the AED is always ready to use. An audible alert sounds if any issues are identified
- Easy to follow voice and text prompts ensure proper compression rate and depth when performing CPR
- Fast shock times (typically) within 10 seconds post CPR
- Rugged design with high protection rating for a variety of situations
- Non polarised pads can be placed in either position with clear graphical directions of where to place the pads and easy-pull tab for positioning on the patient
- Quick interchangeable pads
- Customises energy level needed depending on analysis of each patient. If more than one shock is necessary - increases shock energy to a higher level
- Downloadable, easily viewable rescue data (shocks and ECG information) via PC or USB
- Comes with a range of brackets, pads and accessories.

Resuscitation Equipment

We have a range of resuscitation equipment to help deliver CPR and safely maintain a barrier between the casualty and the rescuer, minimising the risk of cross contamination and infection during mouth to mouth resuscitation.

Sports First Aid

Click Medical provides a wide range of sports related first aid products to deal with bruises, bumps, cuts and minor injuries that occur on the sporting field.

Sports First Aid Kits

Actually designed with the sportsman in mind, our range of three kits are full of product developed to treat injuries received in a wide range of sporting events and teams from the individual to the school team, to the large multi participant event.

Hot and Cold Therapy

We have a wide range of instant ice packs of varying sizes, reusable hot and cold packs, an instant heat pack and freeze sprays to deal with bumps and bruises giving instant and long term relief for these sporting injuries.

We also supply a range of other products to help with dealing with sports field injuries including :

Blister plasters – for protection of feet and hands and protect against abrasion.

Wound Wash – for quick cleansing of the wound

Spray plasters and bandage – to instantly create a barrier to prevent further injury and infection to the wound area.

Risk Assessment

Our 'Quick Check' first aid risk assessment form is available on:

<http://www.beeswift.co.uk/firstaid/>

Using this form and the catalogue as a product guide you can produce a first aid check list for the various sites in your business(including all mobile workers and members of the public) and use it as a ready reminder on which products you need for your business when you place your order.

Simple and easy to use, it is a useful tool in completing your First Aid Risk Assessment.